

# LOC-TOBER - CHASTITY ASSIGNMENT

NAUGHTY

WEEK 1

## INTRODUCTION

My pet, thank you for joining Me on this month long celebration of submission and subservience to the one you view as the Dominant in your life, and for this month your Key Holder too! Loc-tober is a celebration by the D/s and FLR (Female Led Relationship) community to honor the special bond between all Dommies and submissives. For one calendar month (31 days) submissives across the world voluntarily enter a period of strict chastity with no release and very limited touching. For many this is done with a physical cage/belt and for those that own such devices you are encouraged to wear them this month, but I offer a more discrete service where physical restraint is not necessary because I hold the keys to your mind.

Hypnotically induced chastity uses the power of suggestion and your submissive mindset to install a compulsive desire to remain chaste in order to please Me. It may take some time to learn and master but once established the effects are profound and long lasting. Loc-tober is therefore the perfect opportunity to embrace hypnotically induced chastity since you open suggestible mind wants this to work and with the right mindset anything is possible with hypnosis.

Now we have the details out of the way, let's discuss the fun W/we are going to have over the next 31 days. I'm going to train you to be a very obedient pet and everyday you remain chaste for Me will amplify your feels and emotional connection to Me. I am going to lovingly tease and deny you, teach you the true pleasures of your submission to Me, and for those that are interested to use this period to train your mind for Hands Free Orgasm (HFO) training as you become more and more lost in My world of slow sensual seduction.

So prepare yourself for a life changing experience that will open the doors to many future possibilities of submission and surrender to My absolute authority. This is going to be amazing for both of U/us and by the end of the month W/we are going to be some much closer to each other.

Kisses My pet – let the games begin... (giggles)

REAL  
men

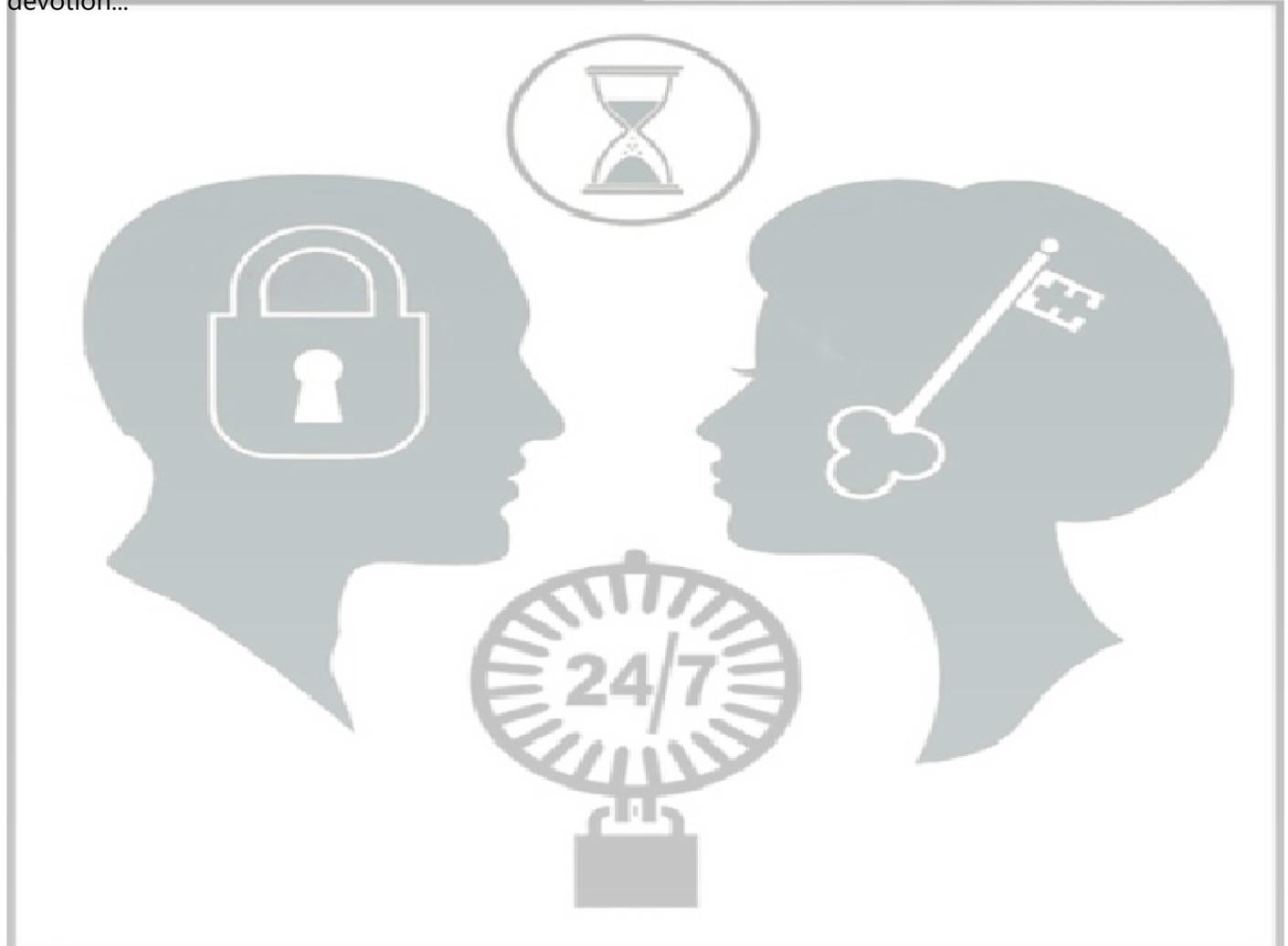
OBEY

**CAUTION:**

This assignment is to be done **SAFELY** within the limits of your ability and situation. If you cannot complete a specific activity then attempt to do so to the best of your ability.

This assignment is intended to be a **POSITIVE** experience, promoting and elevating your submissive persona through a combination of chastity play, temptation and orgasm denial. This was **not** created to humiliate or degrade you in any way so please use your common sense when participating.

With this cautionary note, let U/us begin your exciting journey into Loc-tober, a month of chastity where like-minded submissives around the world collectively demonstrate to their Key Holder their love and devotion...



## - WEEK #1 (THE EXPERIENCE) -

### CHASTITY INSTRUCTION:

Unlike previous Chastity sessions of mine your time stroking and edging will be extremely limited and stimulation will be achieved mostly through alternate means. (giggles) W/we are going to have so much fun breaking you down until all that is left is an obedient submissive slave utterly devoted to pleasing its Domina. (Hmmm, so sexy)

Remember slave, any violations (unauthorized self-gratification or loss of self-control) will result in a **Chastity Penalty** and you will need to re-do these assignments again even as you progress to next weeks task!

### THOUGHT FOR THE WEEK:

As My submissive servant locked in mental and (optionally) physical chastity you will use this first week of instruction to understand the **experience** of being denied access to your sex to masturbate and release as you desire. This month, Loc-tober, is all about your complete sexual submission to Me and your willingness to sacrifice knowing, as your mental Key Holder, this will please Me and bring us closer together.

Twice a day, preferably morning and evening, you will recite the following mantra:

i exist to submit, serve and obey Domina Shelle, my Owner.

As Her owned property i relinquish all control to Her absolute authority.

She is the Proprietress of my mind and the Key Holder to my deepest desires.

Only through my submission am i free to experience Her inescapable control.

Domina Shelle owns me, i dedicate my life to pleasing Her!

Domina Shelle cares for me, She is the center of my existence!

Domina Shelle loves me, i devote all of me to Her needs and desires!

### LISTEN TO SESSIONS:

- **REQUIRED:**
  - **Loc-tober – Week 1** (daily)
- **OPTIONAL:**
  - **Hand Free Orgasm Training – Lesson 1** (no touching allowed!!)
  - **A favorite session that promotes your growing love for me** (at the weekend with no touching allowed!!)

## DAILY ASSIGNMENTS – WEEK 1:

### 1. FRIDAY 10/04:

Take this opportunity to reflect on this month long opportunity of submission to a powerful, intelligent, Dominant Woman and how chastity will amplify your submissive feelings. Today on the first day of your journey into self discovery, take a moment and find a discrete private location for me. Then I want you take down your pants, be naked if possible, and gently rub your hands on the inner part of your thighs near your crotch. Do not touch yourself, but imagine it is Me rubbing My soft warm hands along your thighs, caressing and teasing you, as you feel the exquisite pleasure of My touch so close to your c\*ck/cl\*t. Experience how erotically stimulating such a simple sensual act makes you feel knowing you are no longer permitted to touch yourself without My permission. Do this for a few minutes until you are aroused with lust and desire for Me accepting that I'm the focal point of all your erotic needs and only through My domination can you experience the true pleasures of submission.

### 2. SATURDAY 10/05:

Today you will focus on being My owned property. As a symbol of ownership wear your collar (if you own one and can do so in privacy), otherwise wear an elastic/rubber band on your wrist for the entire day as a reminder that you're mine. Every time you go to the toilet/restroom to wash your hands, snap the band as a demonstration that you are obeying Me at all time and will not touch yourself (inappropriately) without My prior permission. Being owned means obeying orders and as a good submissive servant you are being hypnotically trained to obey My commands without thought or question, just like a good pet!

### 3. SUNDAY 10/06:

Sunday is a day of rest and a time to reflect on the past week. Mantra one extra time today for 10 minutes and do so naked on your knees (if possible). This is to demonstrate that you worship Me, and only Me, as the true dominant influence in your life.

### 4. MONDAY 10/07:

As the Proprietress of your mind you're open and suggestible to all My deviant thoughts and ideas, and on this day I want you to practice thinking with My voice in your head. With a little concentration you'll soon hear My voice uttering your thoughts and it will feel so sexy to have Me in your mind whispering everything thought you have. You'll quickly realize these are not really your thoughts they are My thoughts, I'm also with you now and I influence you both in and out of trance. Feel the pleasure of being so close and intimate with Me knowing that I'm omnipresent in your mind. Be warned, My puppy, this may become quite compulsive with practice so be sure to do this in a private place where you are free to give yourself to Me without being unduly distracted. Kisses!

5. **TUESDAY 10/08:**

This is a day to think of your Domina and to recognize all the hard work I do for you, planning your future and catering to your unique needs. **Tip Me Tuesday (TMT)** is simple way to show Me that you acknowledge My efforts and that you are thinking of Me. Since this is Loc-tober there will be no touching as You **click, click, click** but you can stare at your favorite picture of Me, or fantasize about what it would be like to smell My panties and stockings, something that may be CUM a reality for My good boys and gurls by the end of this exciting month of tease and denial. (giggles)

6. **WEDNESDAY 10/09:**

As your Key Holder I now fully own and control your sex. This means you are obligated to pleasing Me and sating all my sexual needs and desires. One thing that always turns Me on is knowing that you adore Me and that you will do anything to please Me and make Me happy. Being the center of all your erotic fantasies, on this day, I want you to start writing your most intimate desire to serve Me, to be sent in an email before the end of this month. This can be as short or as long as you like, but must capture your heartfelt emotions and fantasies of what it means to be submissive and subservient to Me. I want to give the inner (real) you a voice knowing, with Me, you are free from judgment and ridicule. Tell Me your fantasies and desires and how much submitting to Me strengthens O/our Domme/sub relationship.

7. **THURSDAY 10/10:**

As the first week of Loc-tober comes to an end I want you to find a discrete area on your body and write the letters **POPS**, which stands for **Property of Princess Shelle**. For the next 7 days you will keep these letters on your body rewriting them if they fade. They can be as small or large as you feel comfortable but I want you to be branded as mine. These four simple letters will remind you that you are submitting to Me because you need to, it's a compulsion so strong that even though you do have a choice, My influence over you makes it feel like you don't (and that is very arousing for you). Be horny and aroused My pet whenever you think of Me.



**OBEY**